



THE ROAD HOME

THE NATIONAL BEHAVIORAL HEALTH CONFERENCE ON RETURNING VETERANS AND THEIR FAMILIES

"Restoring Hope and Building Resiliency"

Sponsored by: Substance Abuse and Mental Health Services Administration (SAMHSA)

In Partnership with: Therapeutic Communities of America (TCA)

March 16 – 18, 2006 • Washington Hilton • Washington, DC

AGENDA

Thursday, March 16, 2006

7:00a.m. – 8:15a.m.

Room Location –
Concourse Level

REGISTRATION AND NETWORKING

8:15a.m. – 8:30a.m.

PRESENTATION OF COLORS

NATIONAL ANTHEM

TSgt. Allison D. Helder, USAF, Information Manager, Personnel Plans & Integration
Division, National Guard Bureau

8:30a.m. – 9:30a.m.

PLENARY

Room Location –
International Center

WELCOME

INTRODUCTION

- H. Westley Clark, M.D., J.D., M.P.H., CAS, FASAM, Director, Center for Substance Abuse Treatment, Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services

KEYNOTE ADDRESS: RESTORING HOPE AND BUILDING RESILIENCY: CARING FOR AMERICA'S VETERANS

- Charles G. Curie, M.A., A.C.S.W., Administrator, Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services
- BG. Michael J. Kussman, M.D., Deputy Under Secretary for Health, U.S. Department of Veterans Affairs
- Stephen L. Jones, Ph.D., Principal Deputy Assistant Secretary of Defense for Health Affairs, U.S. Department of Defense

9:30a.m. – 10:30a.m.

PLENARY

Room Location –
International Center

UNDERSTANDING THE SAFETY NET: CARING FOR OUR MILITARY MEMBERS AND THEIR FAMILIES

MODERATOR

- Richard Steinberg, M.Ed., President, Therapeutic Communities of America; CEO, Westcare Foundation, Inc.

PANEL

- Michael E. Kilpatrick, M.D., Deputy Director, Deployment Health Support Directorate, U.S. Department of Defense
- John H. Brown, Jr., Director, Seamless Transition Office, U.S. Department of Veterans Affairs

10:30a.m. – 12:00p.m.

PLENARY

Room Location –
International Center

RETURNING VETERANS: UNDERSTANDING WHO WE ARE SERVING

MODERATOR

- **Thomas F. Hilton, Ph.D.**, Program Official for Organizational and Management Science, National Institute on Drug Abuse, National Institutes of Health

PANEL

- **Gerald E. Larson, Ph.D.**, Head, Behavioral Science and Epidemiology, Naval Health Research Center
- **Antonette M. Zeiss, Ph.D.**, Deputy Chief Consultant, Office of Mental Health Services, U.S. Department of Veterans Affairs
- **Gary M. Baker, M.A.**, Director, Veterans Administration Health Eligibility Center
- **COL. Jonathan W. Coffin**, Vermont Army National Guard, Howard Center for Human Services

12:00p.m. – 1:30p.m.

LUNCH ON YOUR OWN

1:30p.m. – 3:15p.m.

Room Location –
International Center

PROVIDING MENTAL HEALTH, SUBSTANCE ABUSE, AND CO-OCCURRING DISORDERS SERVICES FOR RETURNING VETERANS AND THEIR FAMILIES

- **H. Westley Clark, M.D., J.D., M.P.H., CAS, FASAM**, Director, Center for Substance Abuse Treatment, Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services
- **Linda S. Schwartz, Ph.D.**, Commissioner, Connecticut Department of Veterans Affairs (unable to attend)
- **Susan Storti, Ph.D., R.N., CARN-AP**, Director, Addiction Technology Transfer Center of New England, Center for Alcohol and Addiction Studies, Brown University

3:15p.m. – 3:30p.m.

BREAK

3:30p.m. – 5:00p.m.

WORKSHOPS

Room Location –
TBD

WORKSHOPS

1.) A Clinical Perspective: Addressing Mental Health, Substance Abuse, and Co-Occurring Issues of Traumatic Stress

MODERATOR

Kirk E. James, M.D., Medical Officer, Center for Substance Abuse Treatment, Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services

PANEL

- **Carol Davidson, L.C.S.W., C.A.S.A.C.**, Program Director, Samaritan Village, Inc.
- **Bert Bauer, L.C.S.W.**, Family Therapist, Pathways Transition Program, Inc.
- **Susan McCutcheon, R.N., Ed.D.**, Program Manager for Special Projects, Office of Mental Health Services, U.S. Department of Veterans Affairs

2.) Meeting the Needs of Children and Families of Returning Veterans

MODERATOR

- **Elizabeth Sweet, M.Ed.**, Public Health Advisor, Center for Mental Health Services, Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services

PANEL

- **Jean L. Silvernail, Ed.D.**, Office of Military Child in Transition and Deployment, U.S. Department of Defense
- **LTC. Judith J. Mathewson, USAF**, Program Manager, Equal Opportunity Advisor Reserve Components Course, U.S. Department of Defense
- **Sis Wenger**, President and CEO, National Association of Children of Alcoholics
- **Keith Lemmon, M.D.**, San Antonio Military Pediatric Center

3.) Strengthening Behavioral Health Systems Through Community Coordination and Collaboration

MODERATOR

- **Richard Kopanda, M.A.**, Acting Director, Center for Substance Abuse Prevention, Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services

PANELS

North Carolina

- **Dennis K. Orthner, Ph.D.**, Professor and Program Director, Citizen Soldier Support Program, University of North Carolina at Chapel Hill

New York

- **George P. Basher**, Director, New York Division of Veterans Affairs

New Hampshire

- **Paul F. Deignan, M.S.W.**, New Hampshire Disaster Behavioral Health Coordinator, Department of Safety, Bureau of Emergency Management

4.) Veteran-to-Veteran Peer Support

MODERATOR

- **Mickey J. W. Smith, M.S.W., A.C.S.W.**, Public Health Advisor, Center for Substance Abuse Prevention, Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services

PANEL

- **John L. Baskerville**, Unit Director, Social Services, Swords to Ploughshares
- **Charles Sheehan–Miles**, Executive Director, Veterans for Common Sense
- **Jim Driscoll, Ph.D., M.B.A.**, Coordinator, Vets4Vets

5.) Meeting the Housing Needs of Returning Veterans

MODERATOR

- **Lawrence Rickards, Ph.D.**, Chief, Homeless Programs Branch, Center for Mental Health Services, Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services

PANEL

- **Cheryl Beversdorf, R.N., M.H.S., M.A.**, President and CEO, National Coalition for Homeless Veterans
- **John O'Brien, Ph.D.**, Coordinator, Region 1, U.S. Interagency Council on Homelessness
- **Steve Binder, J.D.**, Deputy Public Defender; Chair, American Bar Association Commission on Homelessness and Poverty

6.) Resources for Meeting the Needs of Veterans with Severe Injuries

MODERATOR

- **Anne Mathews-Younes, Ed.D.**, Director, Division of Prevention, Traumatic Stress, and Special Programs, Center for Mental Health Services, Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services

PANEL

- **LCDR. Ty Redmon**, Navy Liaison, Military Severely Injured Center
- **Pamela Crespi**, Senior Program Analyst, Military Community and Family Policy U.S. Department of Defense

7.) Faith-Based Recovery Support Services

MODERATOR

- **Cheri Nolan**, Senior Policy Advisor to the Administrator, Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services

PANEL

- **LT. Brian Weigelt, C.H.C.**, Chaplain Corps, U.S. Navy Reserve, 1st Marine Division, 3rd Assault Amphibian Battalion
- **Richard M. Two Dogs**, Wakan Iyeska, Wakanyeya Pawicayapi

8.) Suicide Prevention and Mental Health Promotion

MODERATOR

- **Richard T. McKeon, Ph.D., M.P.H.**, Special Expert, Prevention Initiatives and Priority Programs Development Branch, Center for Mental Health Services, Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services

PANEL

- **Juanita Benton, Psy.D.**, Consultant, African American Consortium on Suicide Prevention
- **Robert R. Ireland, M.D., D.Min., M.A.**, Program Director for Mental Health Policy and Health Affairs, Office of the Assistant Secretary for Health, U.S. Department of Defense
- **Lawrence E. Adler, M.D.**, Director, VISN 19 Mental Illness Research, Education, Clinical Center, Veterans Health Administration, U.S. Department of Veterans Affairs
- **David Litts**, Associate Director, Suicide Prevention Resource Center

9.) Help for Veterans and their Families through Civil Rights Laws, the Privacy Rule, and Disability-Related Federal Supports

MODERATOR

- **Robinsue Frohboese, Ph.D., J.D.**, Principal Deputy Director, Office for Civil Rights, U.S. Department of Health and Human Services

PANEL

- **Kenneth J. Carroll, J.D., M.P.A.**, Civil Rights Analyst, Office for Civil Rights, U.S. Department of Health and Human Services
- **Patrick Hadley, Ph.D., J.D.**, Senior Advisor, HIPAA Privacy Outreach, Office for Civil Rights, U.S. Department of Health and Human Services
- **Eileen Elias, M.Ed.**, Deputy Director, Office on Disability, U.S. Department of Health and Human Services
- **Arthur J. Goff**, Civil Rights Advisor, Veterans Health Administration, U.S. Department of Veterans Affairs

8:00a.m. – 8:45a.m.
Room Location –
International Center

REGISTRATION AND NETWORKING

8:45a.m. – 9:30a.m.
PLENARY
Room Location –
International Center

INTRODUCTION

- **Beverly Watts Davis**, Senior Advisor on Substance Abuse Policy, Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services

THE COMMUNITY'S ROLE IN WELCOMING VETERANS HOME AND ASSISTING THEIR FAMILIES

- **MG. Arthur T. Dean (Ret.)**, Chairman and CEO, Community Anti-Drug Coalitions of America
- **Sushma Taylor, Ph.D.**, Vice-President, Therapeutic Communities of America; CEO and President, Center Point, Inc.

9:30a.m. – 11:00a.m.
PLENARY
Room Location –
International Center

FINANCING THE CARE MODERATOR

- **Michael Harle, M.H.S.**, First Vice-President, Therapeutic Communities of America; President and CEO, Gaudenzia, Inc.

VETERANS AFFAIRS

- **Mark Shelhorse, M.D.**, Acting Chief Consultant for Mental Health and Substance Abuse Services, Veterans Health Administration, Office of Mental Health Services, U.S. Department of Veterans Affairs

DEPARTMENT OF DEFENSE AND TRICARE

- **COL. John R. Kugler, M.D., M.P.H., USMC**, Deputy Medical Director, Office of the Chief Medical Officer, TRICARE Management Activity, U.S. Department of Defense
- **Ronald B. Henke, M.P.A.**, Senior Budget Analyst, Office of the Chief Financial Officer, TRICARE Management Activity, U.S. Department of Defense

MEDICAID AND MEDICARE

- **Peggy A. Clark, M.P.A., M.S.W.**, Technical Director, Center for Medicaid and State Operations, Centers for Medicaid and Medicare Services, U.S. Department of Health and Human Services

11:00a.m. – 11:30a.m

PROVIDING SEAMLESS SUPPORT TO RETURNING SERVICE MEMBERS AND THEIR FAMILIES

- **Charles S. Ciccolella**, Assistant Secretary for Veterans' Employment and Training, U.S. Department of Labor

11:30a.m. – 1:00p.m.

LUNCH ON YOUR OWN

1:00p.m. – 2:30p.m.

WORKSHOPS

Room Location –
TBD

WORKSHOPS

1.) A Clinical Perspective: Addressing Mental Health, Substance Abuse, and Co-Occurring Issues of Traumatic Stress

MODERATOR

- **Kirk E. James, M.D.**, Medical Officer, Center for Substance Abuse Treatment, Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services

PANEL

- **Carol Davidson, L.C.S.W., C.A.S.A.C.**, Program Director, Samaritan Village, Inc.
- **Bert Bauer, L.C.S.W.**, Family Therapist, Pathways Transition Program
- **Susan McCutcheon, R.N., Ed.D.**, Program Manager for Special Projects, Office of Mental Health Services, U.S. Department of Veterans Affairs

2.) Meeting the Needs of Children and Families of Returning Veterans

MODERATOR

- **Elizabeth Sweet, M.Ed.**, Public Health Advisor, Center for Mental Health Services, Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services

PANEL

- **Jean L. Silvernail, Ed.D.**, Office of Military Child in Transition and Deployment, U.S. Department of Defense
- **LTC. Judith J. Mathewson, USAF**, Program Manager, Equal Opportunity Advisor Reserve Components Course, U.S. Department of Defense
- **Sis Wenger**, President and CEO, National Association of Children of Alcoholics
- **COL. Elisabeth Stafford, M.D., F.A.A.P., USMC**, San Antonio Military Pediatric Center

3.) Strengthening Behavioral Health Systems Through Community Coordination and Collaboration

MODERATOR

- **Linda Hay Crawford, M.Ed.**, Executive Director, Therapeutic Communities of America

PANEL

- **AG. Gregory Wayt**, Ohio National Guard
- **Dale Svendsen, M.D.**, Medical Director, Ohio Department of Mental Health
- **Joseph Hill, M.S.Ed.**, State Risk and Disaster Service Administrator, Ohio Department of Mental Health
- **Marty Gaudiose, M.S., L.P.C.C.E, N.T.N.**, Chief, Prevention and Treatment, Ohio Department of Substance Abuse Services
- **Mike Witzky, Ph.D., L.I.S.W., L.I.C.D.C.**, Executive Director, Mental Health and Recovery Board
- **COL. Kenneth Daft**, Ohio Army National Guard State Chaplain

4.) Veteran-to-Veteran Peer Support

MODERATOR

- **Mickey J. W. Smith, M.S.W., A.C.S.W.**, Public Health Advisor, Center for Substance Abuse Prevention, Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services

PANEL

- **John L. Baskerville**, Unit Director, Social Services, Swords to Ploughshares
- **Charles Sheehan–Miles**, Executive Director, Veterans for Common Sense
- **Jim Driscoll, Ph.D., M.B.A.**, Coordinator, Vets4Vets

5.) Meeting the Employment Needs of Returning Veterans

MODERATOR

- **Charlene E. LeFauve, Ph.D.**, Branch Chief, Co-Occurring and Homeless Activities Branch, Center for Substance Abuse Treatment, Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services

PANEL

- **LT. Daniel Nichols**, Chief of Staff to Assistant Secretary of Labor, U.S. Department of Labor
- **Anthony Campinell, Ph.D.**, Mental Health Strategic Health Care Group, Office of Mental Health Services, U.S. Department of Veterans Affairs
- **Frederick Steier, Ed.D.**, Training and Outreach Supervisor, U.S. Department of Veterans Affairs, Vocational Rehabilitation and Employment Services

6.) Psychological Impact of Physical Injuries

MODERATOR

- **Anne Mathews-Younes, Ed.D.**, Director, Division of Prevention, Traumatic Stress and Special Programs, Center for Mental Health Services, Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services

PANEL

- **Aphrodite Matsakis, Ph.D.**, Counseling Psychologist
- **LCDR. Ty Redmon**, Navy Liaison, Military Severely Injured Center
- **Pamela Crespi**, Senior Program Analyst, Military Community and Family Policy, U.S. Department of Defense

7.) Faith-Based Recovery Support Services

MODERATOR

- **Cheri Nolan**, Senior Policy Advisor to the Administrator, Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services

PANEL

- **LT. Brian Weigelt, C.H.C.**, Chaplain Corps, U.S. Navy Reserve, 1st Marine Division, 3rd Assault Amphibian Battalion
- **Richard M. Two Dogs**, Wakan Iyeska, Wakanyeya Pawicayapi

8.) Suicide Prevention and Mental Health Promotion

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PANEL

- **Juanita Benton, Psy.D.**, Consultant, African American Consortium on Suicide Prevention
- **Robert R. Ireland, M.D., D.Min., M.A.**, Program Director for Mental Health Policy, Health Affairs, Office of the Assistant Secretary for Defense (Health Affairs), U.S. Department of Defense
- **Lawrence E. Adler, M.D.**, Director, VISN 19 Mental Illness Research, Education, Clinical Center-, Veterans Health Administration, U.S. Department of Veterans Affairs
- **David Litts**, Associate Director, Suicide Prevention Resource Center

2:30p.m. – 2:45p.m.

PLENARY

Room Location –
Jefferson/Lincoln

TRANSITION TO PLENARY

2:45p.m. – 3:30p.m.

THE ROAD HOME: ONE SOLDIER'S STORY

- **Aundrey J. Sanchez**, Sergeant, U.S. Army

3:30pm – 4:30p.m.

KEYNOTE PRESENTATION

INTRODUCTION

- **Charles G. Curie, M.A., A.C.S.W.**, Administrator, Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services

KEYNOTE SPEAKER

- **GEN. Barry McCaffrey (Ret.)**, NBC News Military Analyst; Former Director, Office of National Drug Control Policy

Saturday, March 18, 2006

8:30a.m. – 9:30a.m.

PLENARY

Room Location –
International Center

TRANSLATING PRINCIPLES INTO PRACTICE

MODERATOR

- **Anita S. Everett, M.D.**, Senior Medical Advisor, Immediate Office of the Administrator, Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services

KEYNOTE SPEAKERS

- **COL. Elspeth Cameron Ritchie, M.D., M.P.H.**, Psychiatry Consultant to the U.S. Army Surgeon General
- **Salvador Wilson**, Program Manager, Walden House/PROSPER Program

9:30a.m. – 11:30a.m.
SKILL-BUILDING
CLINICS
Room Location –
TBD

■ **HOW TO BECOME A VA AND TRICARE PROVIDER**

This session will review the steps required for community-based mental health and substance abuse providers to become VA and TRICARE providers of behavioral health services. Participants will be given a checklist of the steps to follow to become providers, and they will hear from clinicians who have been delivering behavioral health services to these systems.

MODERATOR

- **Kenneth Hoffman, M.D., M.P.H.**, Medical Officer, Division of Pharmacologic Therapies, Center for Substance Abuse Treatment, Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services

PRESENTERS

- **T.C. Ghosh, M.D.**, Behavioral Health Medical Director, Health Net Federal Services Provider Network Management, TRICARE
- **Kevin Jobs**, Policy Supervisor, Health Administration Center, U.S. Department of Veterans Affairs
- **Anthony Koelker**, Health Net Federal Services, Inc.
- **Richard Weiss, M.D., M.P.H., M.M.M.**, Vice President, National Quality Monitoring Contractor, MAXIMUS Federal Services, Inc.

■ **MENTAL HEALTH, SUBSTANCE ABUSE, AND CO-OCCURRING DISORDERS PRACTICE**

This session will review examples of mental health, substance abuse, and co-occurring disorders service practice strategies for returning veterans and their families. Field experts will review the tools and techniques used in the implementation of these practices and will discuss community-based programs. The intersection of primary healthcare and mental health, substance abuse, and co-occurring disorders will be considered.

MODERATOR

Sushma Taylor, Ph.D., Vice-President, Therapeutic Communities of America; CEO and President, Center Point, Inc.

PRESENTERS

- **Gerald M. Cross M.D.**, National Director of Primary Care and Deputy Chief for Patient Care Services, U.S. Department of Veterans Affairs
- **LTC. John P. Allen, Ph.D, M.P.A.**, 785th Med. Co. (Combat Stress Control), U.S. Army Reserves
- **Anthony J. Ernst, Ph.D.**, Director, Technology Transfer, SAMHSA Co-Occurring Center for Excellence

▪ **RESOURCES TO MEET VETERANS' HOLISTIC NEEDS**

This session will provide a review of virtual and community-based services designed to meet the mental health and substance abuse prevention, treatment, and recovery needs of returning veterans and their families. It will also review the military's one-stop shopping services approach for military members and their families.

MODERATOR

- **Elizabeth Sweet, M.Ed.**, Public Health Advisor, Center for Mental Health Services, Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services

PRESENTERS

- **Wynwood Curry**, Associate Director, The Baltimore Station
- **Catherine Reynolds**, Navy Program Manager, Military One Source

▪ **THE RHODE ISLAND "BLUEPRINT"**

Since September 11, 2001, more than 3,800 members of the Rhode Island National Guard have been deployed, and more deployments are expected. As research and time have demonstrated, returning soldiers and their families present new challenges to the health care system. This presentation will describe an initiative undertaken to develop a system in which individuals, families, employers, academics, Veterans Affairs Medical Centers, Vet Centers, and other communities and service agencies can work cooperatively toward the development of an easily accessible and knowledgeable system of care for veterans, returning soldiers, and their families.

MODERATOR

- **Patricia Getty, Ph.D.**, Senior Public Health Advisor, Center for Substance Abuse Prevention, U.S. Department of Health and Human Services

PRESENTERS

- **Susan Storti, Ph.D., RN**, Director, Addiction Technology Transfer Center of New England, Center for Alcohol and Addiction Studies, Brown University
- **William S. Unger, Ph.D.**, Chief, PTSD Clinic, Providence VA Medical Center

■ **PTSD ASSESSMENT AND TREATMENT**

This session will provide an overview of state-of-the-art Post-Traumatic Stress Disorder (PTSD) assessment and treatment practices available for returning veterans and their families. Specifically, an overview of the practices employed by the Center for the Study of Traumatic Stress (CSTS), a division of the Uniformed Services of Health Sciences' Department of Psychiatry, will be reviewed. These practices will include mental health responses addressing resilience, distress, health-risk behaviors, disaster behaviors, and psychiatric illnesses such as PTSD, acute-stress disorder, and depression.

MODERATOR

- **Charlene E. LeFauve, Ph.D.**, Chief, Co-Occurring and Homeless Activities Branch, Division of State and Community Assistance, Center for Substance Abuse Treatment, Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services

PRESENTERS

- **David Benedek, M.D.**, Associate Professor, Uniformed Services University of the Health Sciences
- **John H. Newby, D.S.W.**, Research Assistant Professor, Uniformed Services University of the Health Sciences
- **Patricia A. Resick, Ph.D.**, Director, Women's Health Sciences Division, National Center for PTSD, VA Boston Healthcare System

■ **RETURNING VETERANS FROM THE NATIONAL GUARD AND RESERVES: HOW TO DEVELOP AND DELIVER POST-COMBAT RECOVERY AND REINTEGRATION**

Returning Veterans who are members of the National Guard and Reserves require behavioral health and family support services as they face new challenges in the community and in their families. This session will describe service systems that are responsive to these needs and will offer models of how to develop an effective community-based program that can address various aspects of adjustment. The program will emphasize supportive services that foster successful integration within the community. The presenters will describe both a national and a state perspective in the formulation of these programs.

MODERATOR

- **Ruby V. Neville, M.S.W., L.G.S.W.**, Public Health Advisor, Division of State and Community Assistance, Center for Substance Abuse Treatment, Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services

PRESENTERS

- **LTC. Charles E. Woods, USAF**, Commandant, National Guard Chaplain Service, Academy for Innovative Ministry
- **MAJ. John Morris**, Deputy State Chaplain, Minnesota Army National Guard Reintegration Program

▪ **NATIONAL GUARD FAMILY PROGRAM**

This session will review the National Guard Family Program, a joint forces initiative that serves as the foundation for support to families of Army and Air National Guard members. The Family Program is a network that allows families to provide mutual support to one another by providing them with information, resources, and support. Participants will be provided information on specific resources available through this critical military program.

MODERATOR

- **Peggy K. Quigg**, Director, Division of Prevention Education, Center for Substance Abuse Prevention, Substance Abuse and Mental Health Services, U.S. Department of Health and Human Services

PRESENTERS

- **MAJ. Johnny Boatman**, National Guard Bureau Counterdrug Program
- **Kathy Goedde**, National Guard Bureau Family Support Program

▪ **SELF-ASSESSMENT AND SELF-HELP FOR RETURNING VETERANS AND THEIR FAMILIES**

This session will present tools and approaches that participants can use to empower veterans and family members to become aware of mental health, alcohol-related, and other problems and to take charge of their recovery and well-being. A new Department of Defense-sponsored Mental Health Self-Assessment and Referral Program for families and service members affected by deployment or mobilization will be presented. Insights, strategies, and tips from a new self-help book targeting veterans returning from Iraq and Afghanistan and their loved ones will also be discussed. The presentations will offer specific techniques and resources that providers can implement in their agencies and communities to provide hope and direction.

MODERATOR

- **Catherine D. Nugent, M.S., M.S., LGPC**, Senior Public Health Advisor, Center for Substance Abuse Treatment, Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services

PRESENTERS

- **Barbara Kopans**, Executive Director, Screening for Mental Health, Inc.
- **Ann Keliher**, Manager, NDSD Mental Health Screening, Screening for Mental Health, Inc.
- **Paula Domenici, Ph.D.**, Co-Author, *Courage After Fire*
- **Keith Armstrong, L.C.S.W.**, Director, Couples and Family Therapy Program, San Francisco Department of Veterans Affairs Medical Center; Co-author, *Courage After Fire*

11:30a.m. – 12:00p.m.
Room Location –
International Center

**RESTORING HOPE AND BUILDING RESILIENCY: EXPANDING THE
SAFETY NET**

- **A. Kathryn Power, M.Ed.,** Director, Center for Mental Health Services, Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services

ADJOURNMENT

- **H. Westley Clark, M.D., J.D., M.P.H., CAS, FASAM,** Director, Center for Substance Abuse Treatment, Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services

RETIRING OF THE COLORS